

**Notice of Race**

**The Belle Isle Race- over half the length of Lake Windermere and back  
will take place at**

South Windermere Sailing Club Fell Foot Park, Near Newby Bridge, Cumbria  
on Sunday 22nd August 2010

The Organising authority is South Windermere Sailing Club (SWSC).

**1 RULES**

- 1.1 The regatta will be governed by the 'Rules' as defined in the Racing Rules of Sailing 2009 – 2012.
- 1.2 The Sailing Instructions will alter the following rules: RRS 35, 40.1
- 1.3 The PY Numbers used for calculating start numbers will generally be those in the information on the RYA website on 1/04/2009 but the Race Committee may vary these as they deem appropriate.

**2 ELIGIBILITY AND ENTRY**

- 2.1 The race is open to monohull, centreboard or fixed keel, dinghies with a Portsmouth Yardstick Primary, Secondary, Recorded or Trial Number lower than 1180.
- 2.2 There is no entry fee but non-members of SWSC are requested to make a donation to the National Trust.
- 2.3 To assist with planning would visitors please notify the sailing secretary of their intention to race by Friday 14th August.  
Email: joseph.marsland@which.net  
or by post: The Sailing Secretary SWSC, Fieldside, Beech Road, Grange-over-Sands, Cumbria, LA11 6AL  
Entries will also be accepted from 08.30am until 10.00am hours on the day of the race.
- 2.4 The Visitor's race Entry Form, available at the clubhouse, must be completed before racing.

**3 BUOYANCY**

- 3.1 Each boat shall be fully equipped with sufficient buoyancy to enable it to float and to support its crew if capsized or holed.
- 3.2 Competitors shall wear personal flotation devices at all times whilst on the water, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.

**4 SCHEDULE**

The scheduled time of the 5 minute warning signal will be at 11:00 am.

**5 THE COURSE**

The race is from the south end of the Lake Windermere to Belle Isle, which is to be rounded to port, and back. If conditions dictate there may be a short windward leg at the start. The race start and finish lines will be within the club's sailing area, approximately 1 mile North of the club launch area at the southern end of Lake Windermere. The race distance is approximately 12 miles.

**6 TIME LIMIT** The time limit for the race is 5 hours.

**7 SAILING INSTRUCTIONS** The Sailing Instructions will be available on the website from 21<sup>st</sup> July and at SWSC Clubhouse after 08:30 hrs on the race day.

**8 PRIZES**

1<sup>st</sup> prize – The Belle Isle Cup, to be engraved and returned by the winner before the next sailing of the race. Prizes will also be given for 2<sup>nd</sup> & 3<sup>rd</sup> places, first centreboard dinghy, first fixed keel dinghy, first single-hander and first junior.

**9 INSURANCE**

All competitors shall have insurance cover with a minimum of £3 million third party indemnity and a declaration regarding this cover shall be signed by each owner/person in charge before taking part.

**10 SAFETY**

A boat is entirely responsible for its own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility. It is for the boat to decide whether it is fit to sail in the conditions in which it will find itself. By launching, the boat confirms that it is fit for those conditions and that its crew is competent to sail and compete in them. Nothing done by the organisers can reduce the responsibility of the boat nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the race. The organisers encompass everyone helping to run the race and the event, and including the organising authority, the race committee, the race officer, patrol boats. The provision of patrol boats does not relieve the boat of its responsibilities.