

South Windermere Sailing Club, Sailing Instructions – Frostbite Races – 2010

1 Rules

Racing will take place under the Racing Rules of Sailing (RRS) for 2009-2012 published by the International Sailing Federation (ISAF), the prescriptions of the RYA, these sailing instructions and the appropriate class rules

2 Conditions Of Entry

2.1 The safety of a yacht and her entire management, including insurance, shall be the sole responsibility of the owner/competitor racing the yacht, who must ensure that the yacht and crew are adequate to face the conditions that may arise in the course of any race. Neither the establishment of these sailing instructions nor the inspection of the yacht under these conditions in any way limits or reduces the absolute responsibility of the owner/competitor for his crew, his yacht and the management thereof. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/competitor his skipper or crew, as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability of his yacht for the race or races.

2.2 All boats taking part must have a valid measurement certificate.

3 Schedule

3.1 Dates of racing: October 10th, October 17th, October 24th, October 31st, November 7th, November 14th, November 21st and November 28th. Races which are not sailed or are abandoned will not be re-scheduled.

3.2 The number of races to count will be half the number completed plus 1, fractions being ignored.

3.3 The scheduled time of the 5 minute warning signal will be at 13:00 hrs. If changed the new intended start time will be displayed on the notice board in the Clubhouse.

4.0 Safety

4.1 RRS 40.1 is amended to the following: Life jackets or adequate personal buoyancy aids shall be worn at all times whilst on the water. A wetsuit or a dry suit does not constitute adequate personal buoyancy.

4.2 All competitors must complete the race entry sheet before going to the start area and must sign off immediately on return to shore. In addition visitors must complete a Visitor's Race Entry Form.

5. Communications With Competitors

5.1 *Signals.* Starting signals will be in accordance with RRS 26.

5.2 *Notices to Competitors.* Notices to competitors will be posted on the notice board located in the Clubhouse.

5.3 *Changes in Sailing Instructions.* Any changes in the sailing instructions will be posted on the notice board in the Clubhouse at least 30 minutes before the start of any race.

6. Course Instructions

6.1 *Course.* The course will be displayed as a list of marks, together with the side on which they are to be rounded, either on the Course Board in the Clubhouse or from the Committee Boat. When a course is displayed from the Committee boat then this will be the authoritative course and overrides any course displayed in the Clubhouse.

6.2 *Description of Club Course Marks.* Club course Marks 1 to 8 are green spherical or conical buoys with black or white numbers. The yellow buoy with a speed limit sign, designated 'S', may also be used. The approximate positions are shown on the map on the notice board in the Club House and on the inset of the South lake chart.

7 Fixed Line Starts

7.1 *Starting Line.* The starting line is defined as the line between a post carrying the class flag board, mounted either on the Committee Boat or on shore, and a mark as described in Sailing Instruction 6.2.

7.2 *Individual Recalls.* One sound signal made immediately after the starting sound signal, accompanied by display of Code Flag Board X in accordance with RRS 29, will indicate that one or more boats were over the line at the start.

7.3 *General Recalls.* Two consecutive sound signals made immediately after the starting sound signal accompanied by display of Code Flag Board 'First Substitute' will indicate a general recall. A new preparatory signal will be made one minute after the lowering of Code Flag Board 'First Substitute'.

8 Finishing

8.1 *Finishing Lines for Full or Shortened Courses.* The finishing line is defined as the line between a signal post mounted either on the Committee Boat or ashore and a course mark as described in Sailing Instruction 6.2.

8.2 *Shortening Course.* Shorten course signals will be made by displaying Code Flag Board S accompanied by two sound signals from the Committee Boat or ashore. The signal will be given as, or after, the leading competitor rounds a course mark, and will mean "now sail to the finishing line".

9 Time Limits - Rule 35 does not apply

Boats failing to finish within 45 minutes after the first boat sails the course and finishes will be scored Did Not Finish.

10 Protests

It is the responsibility of the protesting yacht to notify the yacht protested against that a protest will be lodged. Protests shall be written on forms available from the Race Committee and lodged with the OOD within 30 minutes of coming ashore. Protests will be heard by the Protest Committee as soon as possible at a time and venue to be informed to the parties to the protest.

11 Scoring System

The Low Point System of scoring described in Appendix A to the RRS shall be used. The Declared Entry shall be determined by the Sailing Committee. Any ties shall be broken by the procedure set out in paragraph A2.3 of the RRS. The number of race results to be counted in this series is five. Points will normally be awarded to the helmsman.

12 Local bye-laws

12.1 *Speed limits.* The 6 knot speed limit South of "S" applies to all craft.

12.2 *Ferries.* The large white ferries and the smaller blue and white ferries have right of way at all times.