

Notice of Race

The Waterhead Race

- the full length of Lake Windermere and back

will take place at South Windermere Sailing Club
Fell Foot Park, Near Newby Bridge, Cumbria
on Sunday 13th June 2010

The Organising authority is South Windermere Sailing Club (SWSC).

1 RULES

- 1.1 The regatta will be governed by the 'Rules' as defined in the Racing Rules of Sailing 2009 – 20012.
- 1.2 The Sailing Instructions will alter the following rules: RRS 35, 40.1
- 1.3 The PY Numbers used for calculating start numbers will generally be those in the information on the RYA website on 1/04/2009 but the Race Committee may vary these as they deem appropriate.

2 ELIGIBILITY AND ENTRY

- 2.1 The race is open to monohull, centreboard or fixed keel, dinghies with a Portsmouth Yardstick Primary, Secondary, Recorded or Trial Number lower than 1180.
- 2.2 The entry fee for non-members of SWSC is £15.00 for single-handers, £25.00 for crewed boats. Each boat must be entered and the entry fee paid before she is eligible to race. This fee will cover overnight storage on Saturday 5th June and all launching fees.

- 2.3 Advance entries are preferred and may be made by post, using the entry form, to:

The Sailing Secretary SWSC
Fieldside
Beech Road
Grange-over-Sands
Cumbria
LA11 6AL

Cheques should be made payable to: South Windermere Sailing Club

Entries will also be accepted from 08.30am until 10.00am hours on the day of the race.

- 2.4 The Visitor's race Entry Form, available at the clubhouse, must be completed before racing.

3 BUOYANCY

- 3.1 Each boat shall be fully equipped with sufficient buoyancy to enable it to float and to support its crew if capsized or holed.
- 3.2 Competitors shall wear personal flotation devices at all times whilst on the water, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.

4 SCHEDULE

The scheduled time of the 5 minute warning signal will be at 11:00 am.

5 THE COURSE

The race is from the south end of the Lake Windermere to the 6mph speed limit at the north end of the lake (Waterhead), which is to be rounded to port, and back. If conditions dictate there may be a short windward leg at the start. The race start and finish lines will be within the club's sailing area, approximately 1 mile North of the club launch area at the southern end of Lake Windermere. The race distance is approximately 20 miles.

- 6 **TIME LIMIT** The time limit for the race is 7 hours.

- 7 **SAILING INSTRUCTIONS** The Sailing Instructions will be available on the website from 21st April and at SWSC Clubhouse after 08:30 hrs on the race day.

8 PRIZES

1st prize – The Waterhead Cup, to be engraved and returned by the winner before the next sailing of the race. Prizes will also be given for 2nd & 3rd places, first centreboard dinghy, first fixed keel dinghy, first single-hander and first junior.

9 INSURANCE

All competitors shall have insurance cover with a minimum of £3 million third party indemnity and a declaration regarding this cover shall be signed by each owner/person in charge before taking part.

10 SAFETY

A boat is entirely responsible for its own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility. It is for the boat to decide whether it is fit to sail in the conditions in which it will find itself. By launching, the boat confirms that it is fit for those conditions and that its crew is competent to sail and compete in them. Nothing done by the organisers can reduce the responsibility of the boat nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the race. The organisers encompass everyone helping to run the race and the event, and including the organising authority, the race committee, the race officer, patrol boats. The provision of patrol boats does not relieve the boat of its responsibilities.