

**Sailing Instructions – Waterhead Race – Sunday 12<sup>th</sup> June 2011**

**1.0 Rules**

Racing will take place under the Racing Rules of Sailing (RRS) for 2009-2012 published by the International Sailing Federation (ISAF), the prescriptions of the RYA, these sailing instructions and the appropriate class rules

**2.0 Conditions Of Entry**

The safety of a yacht and her entire management, including insurance, shall be the sole responsibility of the owner/competitor racing the yacht, who must ensure that the yacht and crew are adequate to face the conditions that may arise in the course of any race. Neither the establishment of these sailing instructions nor the inspection of the yacht under these conditions in any way limits or reduces the absolute responsibility of the owner/competitor for his crew, his yacht and the management thereof. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/competitor his skipper or crew, as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability of his yacht for the race or races.

**3.0 Measurement Certificates**

Before a yacht is eligible to race, she shall have a valid measurement certificate.

**4.0 Safety**

**4.1** RRS 40.1 is amended to the following: Competitors shall wear personal flotation devices at all times whilst on the water, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.

**4.2** All competitors must complete the race entry sheet before going to the start area and must sign off immediately on return to shore. In addition visitors must complete a Visitor's Race Entry Form.

**5.0 Communications With Competitors**

**5.1 Briefing.** There will be a briefing for all competitors at 10.00 am at the clubhouse.

**5.2 Signals.** Starting signals will be in accordance with RRS 26 as follows:

**Signal Flag and Sound Minutes Before Starting Signal**

Warning Class flag; 1 sound 5

Preparatory Code flag P; 1 sound 4

One Minute Preparatory flag removed; 1 long sound 1

Starting Class flag removed; 1 sound 0

The warning signal for each succeeding class shall be made with, or after, the starting signal of the preceding class.

When a class is recalled, the warning signal of the next class shall be lowered after the general recall has been signalled.

**5.3 Notices to Competitors.** Notices to competitors will be posted on the notice board located in the Clubhouse.

**5.4 Changes in Sailing Instructions.** Any changes in the sailing instructions will be posted on the notice board in the Clubhouse at least 30 minutes before the start of any race.

**6.0 Course Instructions**

**6.1 Course.** The race is from the south end of Lake Windermere to the 6mph speed limit at the north, Waterhead, end of the lake (designated 'X'), which is to be rounded to port, and back. The race start and finish lines will be within the club's sailing area, approximately 1 mile North of the club launch area at the southern end of Lake Windermere. The race distance is approximately 20 miles. If conditions dictate there may be a short windward leg within the club sailing area at the start of the race. The course will be displayed as a list of marks, together with the side on which they are to be rounded, either on the Course Board in the Clubhouse or from the Committee Boat. When a course is displayed from the Committee boat then this will be the authoritative course and overrides any course displayed in the Clubhouse. A diagram showing the course to be sailed may be displayed in the Clubhouse for guidance only.

**6.2 Description of Club Course Marks.** Club course Marks 1 to 8 are green spherical or conical buoys with black numbers. The yellow stick buoy with a speed limit sign, designated 'S', may also be used. The approximate positions are shown on the map on the notice board in the Club House and on the inset of the South lake chart.

**6.3 Other marks.** The 6mph speed limit at the north end of the lake is a yellow buoy with a 6mph sign on a pylon. See also 9.2, shortening course and the North and South Lake charts.

**7.0 Starting Time**

The time for the first (5 minute) warning signal is 11.00am. If changed the new intended start time will be displayed on the notice board in the Clubhouse.

## **South Windermere Sailing Club**

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### **8.0 Fixed Line Starts**

**8.1 Starting Line.** The starting line is defined as the line between a post carrying the class flag board, mounted either on the Committee Boat or on shore, and a mark as described in Sailing Instruction 6.2.

**8.2 Individual Recalls.** One sound signal made immediately after the starting sound signal, accompanied by display of Code Flag Board X in accordance with RRS 29, will indicate that one or more boats were over the line at the start.

**8.3 General Recalls.** Two consecutive sound signals made immediately after the starting sound signal accompanied by display of Code Flag Board 'First Substitute' will indicate a general recall. A new preparatory signal will be made one minute after the lowering of Code Flag Board 'First Substitute'. The starts of later classes will be postponed automatically.

### **9.0 Finishing**

**9.1 Finishing Lines for Full or Shortened Courses.** The finishing line is defined as the line between a signal post mounted either on the Committee Boat or ashore and a course mark as described in Sailing Instruction 6.3.

**9.2 Shortening Course.** The course may be shortened for some boats by the OOD attaching a club flag to one or more of:

- the green RWYC mark (numbered 1) just South of the ferry
- the yellow 6mph stick buoy (6mph speed limit sign) just north of Belle Island
- the green RWYC mark (numbered 11) in White Cross Bay
- the green RWYC mark (numbered 9) off Low Wood

Competitors on the outward leg of the course when they pass these marks should check for this signal, if the flag is there they must round the mark to port and sail to the finish line.

Where possible a support boat will be positioned to notify competitors of the shortened course. Failure to do this, or competitors not seeing the signals, shall not be grounds for protest.

### **10.0 Time Limits - Rule 35 does not apply**

**10.1** The time limit, from the start time, will be: - 7 hours

Boats failing to finish within the time limit will be scored DNF.

### **11.0 Protests**

It is the responsibility of the protesting yacht to notify the yacht protested against that a protest will be lodged. Protests shall be written on forms available from the Race Committee and lodged with the OOD within 30 minutes of coming ashore. Protests will be heard by the Protest Committee as soon as possible at a time and venue to be informed to the parties to the protest.

### **12.0 Declarations**

No formal declarations shall be required. Retiring boats shall inform the OOD of their intention to retire.

### **13.0 Scoring System**

If the race is affected by Sailing Instruction 9.2, boats sailing a shortened course will be given finishes, calculated according to handicap, sequentially after boats sailing longer courses.

### **14.0 Local bye-laws**

**14.1 Speed limits.** The 6mph speed limits apply to all craft, the miles are nautical miles, ie the speed limit is 6 knots. The 10mph limit does not apply to sailing boats.

**14.2 Ferries.** The lake ferries have right of way at all times. This includes the large white ferries, the smaller blue and white ferries and the chain ferry just south of Belle Isle. Particular care is needed near the chain ferry. Do not attempt to cross its path close to the ferry, particularly ahead of it, as you may be caught by its cables.